

WALCHA CANTEN MENU 2023

NO STUDENT CREDIT

Sandwiches:

Meat only	\$ 4.00
Vegemite	\$ 2.50
Salad - NO MEAT	\$ 5.00
Chicken or Ham & Salad	\$ 6.00
Flame Grilled Breast Fillet & Salad	\$ 6.60
Toasted Sandwiches/Wraps	\$ 4.60

Rolls & Wraps

Ham or Chicken Salad	\$ 6.00
Rice Paper Rolls X 3	\$ 5.00
Chicken & Gravy	\$ 4.00
Flame Grilled Breast Fillet & Cheese	\$ 4.60
Chicken & Cheese	\$ 4.00
Flame Grilled Breast Fillet & Salad	\$ 6.60
Salad Box with meat	\$ 6.60

Hot Food:

Lasagne	\$ 4.50
Low Fat Meat Pie	\$ 4.00
Small Meat Pie	\$ 3.00
Low Fat Sausage Roll	\$ 3.00
Chicken Dinosaurs - each	\$ 0.80
Flame Grilled Breast Fillet Only	\$ 3.00
Chilli Chicken Wrap	\$ 3.80
Chilli Chicken Wrap No Cheese	\$ 3.50
Soup & Roll (Winter)	\$ 4.60

Vegetarian Options:

Spinach Cheese Roll	\$ 4.50
Garlic Roll	\$ 2.50
Cheese Roll	\$ 3.00
Salad Sandwich/Roll no meat	\$ 5.00
Salad Box - No Meat	\$ 5.00

Fillings - Seasonal

Cheese, Lettuce, Beetroot, Egg
Tomato, Ham, chicken, Carrot,
Vegemite, Pineapple

Drinks

Up & Go 250ml	\$ 2.80
Hot Milo	\$ 2.50
Orchy Pop Top 250ml	\$ 3.00
Water 600ml	\$ 3.00
Flavoured Fresh Milk 250ml	\$ 3.00
Milkshake	\$ 3.00
High School only 500ml milk	\$ 4.50

Ice Blocks & Yoghurt

Paddle Pops	\$ 2.00
Frozen Juice Cups	\$ 1.00
Mossies	\$ 1.00
Frozen Fruit Stix	\$ 0.50
Frozen Yoghurt	\$ 2.50

Snacks

Snaps	\$ 2.00
Grain Waves	\$ 2.00
Muffin	\$ 2.20
Cheese & Biscuits	\$ 2.00

Extras:

Spoon	\$ 0.10
Fork	\$ 0.10
Lunch Bag	\$ 0.10

Sauces:

Tomato, BBQ & Sweet n Sour	\$ 0.50
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For online ordering:
SpriggySchools.com.au