

18 October 2023

Dear Parents

RE: SWIMMING – LIFESAVING

Swimming and Lifesaving are an integral part of the Years 7-12 PDHPE and sport curriculum. All students in Years 7 to 12 will be offered the Junior Lifesaving or Royal Life Saving Awards this term and into 2024. Sessions will also be conducted during Wednesday sport time, 1:50pm – 3:10pm at the Walcha Pool.

The first session will be **Wednesday 8 November 2023**, and the final session will be **Wednesday 3 April 2024**.

Cost: Season Ticket or Student pool entry cost as set out by the Walcha Council.

Students will be walking to and from Walcha Pool accompanied by staff members.

Students should wear school sports uniform, a hat and apply 50+ sunscreen throughout each session. They will be expected to attend with the appropriate swimwear and any additional clothing required to complete their award.

All accompanying staff members have emergency care/CPR training.

Students may choose to receive the RLSA Award/s they achieve. Parents will be advised of the cost of the awards when the program is completed. Alternatively, students may choose to get a school-based certificate at no cost.

Students wishing to attempt the advanced awards **MUST** complete their Oxygen Resuscitation Certificate during the offered First Aid course running at WCS.

For more information contact Bonnie Brown on 6777 2777.

Please complete the attached note and return forms, including the swimming consent form, to the school office by Wednesday **1 November 2023**.

Yours sincerely

Bonnie Brown
LIFESAVING COORDINATOR

Adam Hall / Ben Ussher
RELIEVING DEPUTY
PRINCIPALS

Amanda Cooper
PRINCIPAL

CONSENT NOTE

LIFESAVING PROGRAM YEARS 7-12

PLEASE COMPLETE AND THIS FORM AND RETURN IT TO MRS BROWN OR THE FRONT OFFICE BY WEDNESDAY 1 NOVEMBER 2023

I do/do not consent to Year participating in the Lifesaving Program from the 8 November 2023 – 3 April 2024 during Wednesday sport time.

I give/do not give permission for my child to receive medical treatment in case of emergency.

My son/daughter has the following special needs (please provide full details and include any relevant medical details).

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Please make sure to tick each box below that is appropriate to your child.

- I am aware that there is no personal injury insurance cover provided by the Department of Education for school activities.
- I am aware students will be walking to and from the school supervised by teachers.
- I am aware that if notes are not returned by the due date my child may be excluded from the Lifesaving Program.
- My child would like to complete/renew the advanced awards and will need to complete their oxygen resuscitation certificate. I understand this will take place during the First Aid course running at Walcha Central School.

Water activities – response

In relation to the proposed water activities, I advise that my child is a: (please tick one)

- strong swimmer average swimmer poor swimmer non-swimmer

PARENT’S NAME:

PARENT’S SIGNATURE:

DATE: / /