

23 July 2024

Dear Parents

EARLY STAGE 1 – PERSONAL DEVELOPMENT HEALTH

KH are starting a compulsory unit on strengths and strategies for safety during personal development and health (PDH) lessons. This means your child will be studying how to stay safe and navigate unsafe situations, as a required part of the teaching and learning content.

The lessons will commence in Week 2, Term 3 2024.

The purpose of this letter is to inform you of the topics that will be covered and provide you with the opportunity to speak with your child about this topic if they are to ask any questions.

Throughout the unit we will be discussing:

- Lesson 1 – Being respectful.
- Lesson 2 – I have people who keep me safe.
- Lesson 3 – Who do I trust?
- Lesson 4 – Body parts
- Lesson 5 – Yes and no feelings
- Lesson 6 – Body signals and warning signs
- Lesson 7 – Safe or unsafe
- Lesson 8 – Wanted and unwanted touch
- Lesson 9 – No-Go-Tell
- Lesson 10 – Strategies for staying safe.

The content of these lessons is in accordance with Department of Education guidelines.

Yours sincerely

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KH TEACHER

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ASSISTANT PRINCIPAL

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PRINCIPAL