

13 May 2024

Dear Parents

## **STAGE 2 – PERSONAL DEVELOPMENT HEALTH**

3/4B and 3/4SG are starting a compulsory unit on strengths and strategies for safety during personal development and health (PDH) lessons. This means your child will be studying how to stay safe and navigate unsafe situations, as a required part of the teaching and learning content.

The lessons will commence in Week 3, Term 2 2024.

The purpose of this letter is to inform you of the topics that will be covered and provide you with the opportunity to speak with your child about this topic if they are to ask any questions.

Throughout the unit we will be discussing:

1. Respect in the classroom
2. My rights and responsibilities in the classroom and at home
3. My support network of adults
4. No-Go-Tell
5. What is bullying?
6. Types of abuse, including sexual abuse
7. Responding to accidents and abuse
8. How can I be an upstander?
9. My strategies

The content of these lessons is in accordance with Department of Education guidelines.

Yours sincerely

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